



January 2nd - 14th 2011

Ashtanga Mysore

with **Olivia Martinez** [authorized]



**Start the New Year in a perfect way:
Practice Ashtanga Mysore every morning for two weeks with an authorized teacher.**

We are thrilled (JAY, JAY!) that Olivia Martinez, who so successfully started and developed our evergrowing Ashtanga Intensive Program and Community in March 2009 is willing to make a two week stop-over in Frankfurt on her way to Mysore. Olivia is excited not only to meet old students but also to welcome new ones. Be captured by her authentic way of teaching Ashtanga, as taught to her directly by Shri K. Pattabhi Jois and Sharath Rangaswamy. Experience the practice of movement, breath and line of vision under Olivias experienced eyes. Profit from her detailed instructions and enjoy her wonderful adjustments.
Suitable for ALL levels of practice, beginners very welcome. Limited space available.

Daily Morning Mysore from Sun, January 2nd - Fri, January 14th 2011 (except on Saturdays)

Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
06:15 – 09:00 Mysore	06:15 – 09:00 Mysore	06:15 – 09:00 Mysore	06:15 – 09:00 Mysore	06:15 – 09:00 Mysore	08:30 – 11:15 Mysore



Olivia Martinez

In recent passing of Sri K. Pattabhi Jois, Olivia feels the even greater importance of keeping this lineage alive and true to its origin. Teaching Yoga is Olivia's calling in life! Olivia sees herself planting seeds in her students so they can grow their practice and ultimately themselves. Her goal for her students is awareness.

Olivia Martinez is the former director of the Zohar Yoga Center in Mexico. She first completed her teacher training at the Integral Yoga Institute in New York City in 1998. In 1999 Olivia started practicing the Ashtanga Vinyasa method with Govinda Kai and later

became an apprentice of Guy Donahaye at the Ashtanga Yoga Shala in New York City. While living and teaching in New York City, she taught a series of private lessons with many advanced practitioners. After her first class with Sharath Rangaswami in September 2001 Olivia felt a connection right away and knew this was her path.

She has been a direct student of Sri K. Pattabhi Jois and Sharath Rangaswami since 2004. Upon her fourth visit to India, in February 2009, Olivia was given the Authorization and Blessings to teach Ashtanga Yoga. Olivia will continue to go to India every year to study.

Prices

Morning Mysore Jan 2-14	EUR 110/80*
One week (6x) Morning Mysore	EUR 90/65*
10 class pass	EUR 150
Drop-in class	EUR 20,-

* For PYI member; further reduction for students etc can be granted upon request

SPECIAL-COMBINATION Price

Mysore practice with Olivia Martinez Jan 2-14+	EUR 240/185**
Mysore practice with Clayton Horton Jan 16-21	

** for ALL participants in previous PYI-Ashtanga Programs in 2011 and for PYI members
Please check prices for all additional classes and workshops with Clayton Horton on separate flyer

Bookings/Informations: Tel 069 - 66 42 68 50
OR
kontakt@privateyogainstitute.de

As the number of participants in the workshop is limited, places are reserved based on order of registration. Information will be placed on our webpage immediately should the workshop be sold out. **Registrations are only valid upon payment of the workshop fee**, which is to be transferred into our account **within 7 days of registration** or paid directly in the studio. Please note: Registrations are reserved upon acceptance of payment, however no written confirmation will follow. Cancellations are possible free of charge up to 6 weeks before the start date of the workshop. However, a charge of 25% of the workshop fee will be taken for cancellations up to 4 weeks before the course; 50% for up to 2 weeks. No reimbursement will be offered (also for cancellations based on medical conditions) after this time.

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